

You will need:

your five senses, an adult to walk with you

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- 1. Choose a location for your walk, anywhere in your neighborhood.
- 2. Look up, down and under. Are there birds overhead? Leaves on the ground? Any leaves, rocks or benches that you can look under?
- 3. What human noises or animal noises do you hear? Do you hear wind, rain or water?
- 4. What does the world around you smell like? Does it change as you walk to different places?
- 5. What different textures are on your walk soft grass, rough cement, poky weeds?
- 6. Habitat is the natural home of an animal, plant or other organism. Organisms need an environment that provides: food, water, space and shelter. Can you find any of these four elements of habitat?

DID YOU KNOW?

Some of the insects you may see on a nature walk play an important role in producing the foods you find in a grocery store. Bees, butterflies and beetles all pollinate fruits and vegetables. Next time you take a nature walk, see if you can find any pollinators helping your neighborhood.

BOOKS WE LOVE

<u>Delicious! Poems Celebrating Street Food</u> <u>Around the World</u> by Julie Larios. Beach Lane Books, 2021.

<u>Dolores Huerta: A Hero to the Migrant</u> <u>Workers</u> by Sarah Warren. Two Lions, 2012.

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